USDA Foods Product Information Sheet

For Child Nutrition Programs



100334 — Tomato Sauce, Low Sodium, Canned

Category: Vegetables Subgroup: Red/Orange



PRODUCT DESCRIPTION

This item is U.S. Grade A low-sodium tomato sauce which may include spices, sweetening ingredients, vinegar, onions, garlic, or other vegetable flavoring ingredients. This item is available in cases containing six #10 cans.

CREDITING/YIELD

- One case yields about 152 ½-cup servings of tomato sauce.
- CN Crediting: ½ cup tomato sauce credits as
 ½ cup red/orange vegetable.

CULINARY TIPS AND RECIPES

- Tomato sauce can be used as an ingredient in stews, casseroles, pizza, and soups.
- To find culinary techniques and recipe ideas, visit <u>NFSMI</u> or <u>Team Nutrition</u>.

FOOD SAFETY INFORMATION

 For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: <u>Developing a School</u> <u>Food Safety Program Based on the Process</u> <u>Approach to HACCP Principles.</u>

NUTRITION FACTS

Serving size: 1/2 cup (123g) tomato sauce, low sodium

Amount Per Serving

Calories 29

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 140mg

Total Carbohydrate 7g

Dietary Fiber 2g

Sugars 4g

Protein 1g

Source: National Nutrient Database

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.